

When is it time?

One of the most common questions we get asked is, "How do you know when it's time for professional senior care assistance?"

That is a big question, and it often creates feelings of guilt for family caregivers.

The good news is plenty of other family caregivers have faced this same uncertainty. Use the following checklist to help determine if it is time to consider in home care services for your loved one.



Here are some things to consider:

- I continually worry about my loved one's physical safety
- My loved one is combative and upset with me much of the time
- My loved one is incontinent and I am unable to manage this need
- My loved one is not eating properly or taking medications correctly
- My loved one can no longer manage personal hygiene
- My loved one no longer knows who I am
- My loved one has damage to their home from forgetting to turn off water or burners
- My loved one struggles to manage finances and forgets to pay bills
- I am struggling to physically help my loved one in and out of the chair or bed
- My loved one doesn't keep the house clean or care for pets or plants anymore
- My loved one has had a fall or struggles with mobility
- I am unable to provide the constant care and companionship my loved one needs
- My loved one no longer drives and needs safe, reliable transportation to appointments
- I am providing care for my loved one and it's leaving me exhausted and stressed
- My doctor has told me it is time

If three or more of these statements are true for you or a loved one, it may be time to consider senior home care services. Comfort Keepers of Wichita, KS, offers a variety of non-medical assisted living services in the comfort of home, no matter what level of need your loved one is at. Contact us today to schedule a free in-home consultation.

Comfort Keepers Home Care Wichita, KS

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